# TRANSITION TO HIGH School Planning Night

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#### Agenda

- Middle school vs. high school
- Higher education
  - What is it? Why is it important? Why start now?
- Becoming a strong college applicant
- Paying for college
- College planning resources at T.C.
- Questions?



## MIDDLE SCHOOL VS. HIGH SCHOOL: WHAT'S THE DIFFERENCE?



#### Self-Advocacy

- T.C. is a big school, so you need to speak up for yourself
- Having a problem? Figure out what resources you need or who can help
  - Teachers
  - Study groups
  - There is free online tutoring provided by ACPS through tutor.com via CANVAS
  - Can't figure it out where to go? Ask around!



#### Ask For Help

Part of becoming an adult is recognizing when you can't do something on your own, letting go of the wall, and putting your trust into the person supporting you."

- Except from college essay from T.C. Alumna and VCU student, Jaqulyn Handley

- There are many resources at TC to help you throughout your high school journey
- Take control of your high school experience



# Upcoming Events for Middle School Families!



# TC'S ACADEMIC ORIENTATION & CURRICULUM NIGHT



#### Tuesday, February 4 from 5:30-7:30pm at TC King St. Campus

- Learn more about
  - classes offered at TC for incoming 9<sup>th</sup> graders
  - elective classes
  - GW Health Academy, AVID, STEM Academy, and other curriculum-based programs



## **MINNIE HOWARD** Open House Dates - Family Fridays!

January 24 February 7 February 21 March 6 March 20 Come meet your new Minnie Howard Family and explore available programs every other Friday from 9-10:30 am

### **Students and Parents Welcome!**

\*\*Must Register to attend!\*\*

To sign up, please call or email Ms. Rosita Galvez in the TC Williams Minnie Howard Campus main office at **703-824-6750** or rosita.galvez@acps.k12.va.us



### Another Type of Transition

In order to understand how to get the most out of High School, it helps to consider: what you want to do after you graduate from high school?

#### HIGHER EDUCATION

- □ 4-year college
- □ 2-year college
- Certification Program
- Apprenticeship Program

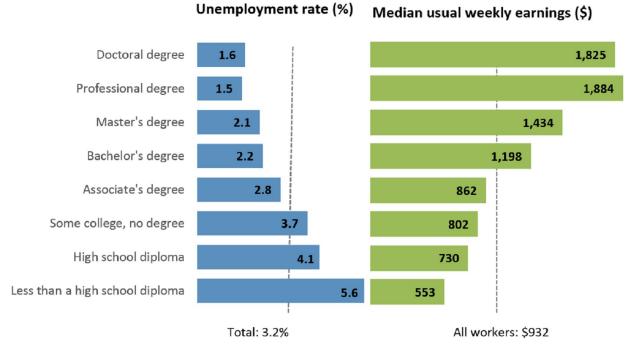


#### Importance of Higher Education

#### Increased income!

Increased job opportunities

#### Unemployment rates and earnings by educational attainment, 2018



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: U.S. Bureau of Labor Statistics, Current Population Survey. Why should I be thinking about college now?



- 1. It's never too early to start thinking about college!
- 2. You are probably taking classes right now that will appear on your high school transcript
  - Algebra 1, Geometry, and World Language classes all count!

If you know what colleges are expecting now, you can set yourself up to be a good college applicant from the start!

# 3 Steps to take to be a good college applicant

- Take Challenging Courses
- Work Hard to Earn Great Grades
- Get Involved Outside of the Classroom





## **1.** Courses

#### 1. Take Challenging Courses



- The <u>#1 thing</u> colleges want to see is that you are pushing yourself to take the most challenging courses you can handle!
- Take Honors, Advanced Placement (AP), and Dual Enrollment (DE) classes when you can
  - Colleges would rather see a B in an AP/DE class, than an A in a standard class!



### WHAT ARE AP/DE CLASSES?

- AP = Advanced Placement
- DE = Dual Enrollment
- Both are college-level courses and earn college credit
- Why are they important?
  - Taking challenging coursework in high school shows that you will be prepared when you get to college
  - Earning college credits in high school can save you money



#### CORE CLASSES

- What are core classes?
  - English, Math, Science, World Languages, Social Studies
- Colleges look mostly at these courses when evaluating a candidate



#### CHOOSE YOUR ELECTIVES WISELY!



Out of the electives you choose each year, show a consistent interest

- Passionate about *art or music*? Chooses an elective in 9<sup>th</sup> or 10<sup>th</sup> grade and see if it's something you'd like to stick with!
- Interested in *engineering*? TC's engineering electives are great!
  - Save room in your schedule for challenging math and laboratory science classes like chemistry and physics
- Considering *nursing*? Check out TC's Certified Nurse Aid course!
  - Also make sure to enroll in upper level laboratory sciences too- like AP Biology!
- Don't know what to choose? That's okay!

#### CURIOUS ABOUT THE CLASSES OFFERED?



- Check out the Program of Studies (<u>https://www.acps.k12.va.us/programofstudies</u>)
  - Goes through all of the courses offered and what classes have prerequisites
- See the second page in tonight's handout!
  - Sample course sequences in math and science
  - Highlighted paths signal highest level of college-preparatory classes

#### What classes should I be taking?



- The requirements to graduate from high school do NOT necessarily align with what 4 year colleges want to see
- 4 year colleges often recommend even more than the minimum requirements for a diploma

#### Sample $9^{\text{th}}$ Grade Schedule



- Honors English 9
- Honors World History & Geography: Part 1
- Honors Science (Biology)
- Algebra 1 (or higher)
- Foreign Language 1 (or higher)
- Elective that you plan to stick with throughout high school (ex: Orchestra, STEM, Art...)
- Health/PE 9

#### What do 4-year colleges want to see?



- Example: James Madison University (JMU)
  - English: 4 years
  - Social Sciences: 4 years
  - Math: 4 years (one full year beyond Algebra II)
    - Courses recommended beyond Algebra II: Pre-Calculus, Probability/Statistics, Calculus
  - Sciences: 3 years of laboratory science
    - Preferably include Biology, Chemistry, and Physics or an AP/DE science; general science/earth science <u>usually does not count</u>
  - Foreign Language: 3 to 4 years of the same foreign language or 2 years of two different foreign languages
    - 4 or 5 years of one language or 2 years of two different languages would be viewed as stronger than just 3 years of one language

#### ACPS/GW Partnership: Academy of Health Sciences Program



- A collaboration that will help TC students learn more about health sciences career opportunities
- Students can choose a pathway to follow
  - Surgical, Nursing, Biomedical Informatics, Sports Medicine, Emergency Medical Services, Pharmacy and Medical Laboratory Science
- Students can receive college credits from George Washington University or can transfer credits to several other colleges
- Application will open on February 4 and is due March 27
- More questions? Stop by and see Micki Coffman in room 209 or email <u>michele.coffman@acps.k12.va.us</u>



#### STEM (SCIENCE, TECHNOLOGY, ENGINEERING AND MATHEMATICS) ACADEMY

- Participate in STEM Explorations course to investigate real-world STEM problems
- Students can choose a pathway to follow
  - Engineering & Technology, Electronic Systems, Computer Systems & Networking, Architectural/Engineering and Sustainability/Biotechnology/Forensics
- Senior STEM Research class
  - Includes apprenticeships, mentorships, and internships
  - Project-based learning
  - Culminating research project
- Application open on February 8 and is due March 31
- More questions? Stop by and see STEM representation in the Room 210



#### 2. Grades are Important

#### 2. Get Great Grades



- The #2 thing colleges look at is the grades you receive in challenging courses
- Colleges are looking for a strong effort and an upward trend

#### Great Grades = Money



- The colleges that give away the most money to students are the ones that require the best grades
- With great grades you can also potentially receive some private scholarships (free money) such as the Scholarship Fund of Alexandria's scholarship

#### CALCULATING GPA



- GPA = Grade Point Average
- Your GPA begins as soon as you begin taking high-school level courses
  - For some of you, this could be as early as middle school
  - For others, this will begin in ninth grade with World Languages, Mathematics, Lab Sciences and History



### CALCULATING (GPA)

- Each course gets a certain number of points—then the points you have in all your courses 9<sup>th</sup>-11<sup>th</sup> grade are averaged
- Colleges will see the letter grades you're receiving in your senior year courses, but the GPA they will judge you by will only include 9<sup>th</sup>-11<sup>th</sup> grade courses

Numerical Grade	Letter Grade	Standard Classes	Honors Classes	AP or DE Classes
93-100	А	4	4.5	5
90-92	A-	3.7	4.2	4.7
87-89	B+	3.3	3.8	4.3
83-86	В	3	3.5	4
80-82	B-	2.7	3.2	3.7
77-79	C+	2.3	2.8	3.3
73-76	С	2	2.5	3.0
70-72	С-	1.7	1.7	1.7
67-69	D+	1.3	1.3	1.3
60-66	D	1	1	1
40-59	F	0	0	0



# **3. EXTRACURRICULAR ACTIVITIES**

#### Get Involved Early!



- Colleges like to see involved students—join clubs, volunteer, play sports, work, etc.
- It is best to commit to a few activities and stick with them all four years of high school if you can
  - That way, you can take a leadership position (like Vice President, Team Captain, etc.)
- Helping at home counts watching younger siblings, working, and making money for the family

#### Get involved early!



Go to the T.C. club fair in the Fall

- You can still participate in clubs at the King Street campus while you're at Minnie Howard
- There are over 70 student organizations

#### Try out for a sport

- Sports at TC: baseball, basketball, cheerleading, crew, cross country, field hockey, football, golf, gymnastics, lacrosse, rugby, soccer, softball, swim & dive, tennis, track and field, volleyball and wrestling
- For more info visit <u>https://www.acps.k12.va.us/domain/868</u>
- Volunteer in the community
- Find something YOU enjoy!

#### CLUBS AT T.C.

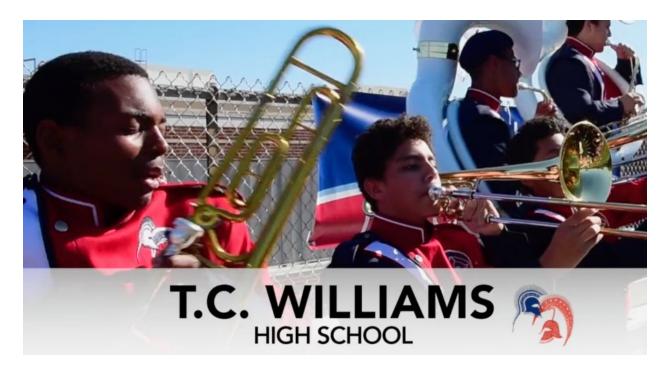
See full list in handout







# IT'S TIME TO GET INVOLVED!



#### Consistency is Key



- Whether it is the classes you take or the activities you are involved in, demonstrate consistency
- Colleges are looking for determined, motivated, and mature students
- Find what you like and stick with it!

# CONSISTENCY IS THE KEY/



### **PAYING FOR COLLEGE**

# How Much Does College Cost



- It depends!
  - Sticker Price = What a college costs before financial aid
  - Net Price = How much college will cost for you after taking your "financial aid" into account
- Financial aid: resources that help you pay for college
- Common Types of Financial Aid
  - Scholarships
  - Grants
  - Work-Study Programs
  - Loans

# "Net Price" vs. "Sticker Price"

- a! If you Fund of ALEXANDRIA
- Don't let the sticker price scare you! If you come from a low income family, college can be much less expensive
  - With the right combination of financial aid, you can make college affordable!

#### • For example:

College	Average TC Students GPA	Sticker Price	Need or Merit-based Scholarship Value	Grant Money	Net Price	
University of Virginia	4.14	\$32,432	\$25,000	\$3,382	\$4,050	
George Mason University	3.68	\$30,488	\$10,000	\$4,941	\$15,547	

# Additional Funding from Private Scholarships



- Money that is coming from donors outside of a college, such as a local organization or business
- There are a few really big scholarships but private scholarships are typically not the main source of money for college
- There are a lot of different types of scholarships and can be based on:
  - Achievements
  - Grades
  - Sports
  - Nationality
  - Academic interests
- Sign up for Ms. Feldman's monthly scholarship newsletter <u>ow.ly/LL1yJ</u>

# WANT TO LEARN MORE?



- Check out the Net Price Calculator to find out exactly how much college will cost for YOU
  - https://collegecost.ed.gov/netpricecenter.aspx
- Set up a meeting with Ms. Harrington or Mr. Waters
- For more information, see "Paying for College" section in the handout



# SAVING FOR COLLEGE

- If you think your family may not qualify for need based financial aid because of your income, check out:
  - Virginia529 College Savings Plans
    - Have questions? Contact Judie Ahn at <u>JAhn@virginia529.com</u>

# CITIZENSHIP & AID ELIGIBILITY



- If you think your family may not qualify:
- It is the citizenship status of the student that determines eligibility, not the parent!

Qualify For Federal Aid	Do <u>NOT</u> qualify for Federal Aid
<ul><li>Permanent Residents (Green</li></ul>	<ul> <li>•Undocumented (or</li></ul>
Card) <li>Refugees</li>	Dreamer/DACA) <li>•Student Visa</li> <li>•Diplomat Visa</li> <li>•Exchange Visitor Visa</li>

# CITIZENSHIP & AID ELIGIBILITY



- If you do not qualify for federal aid,
  - The application process is different, but it is still possible to get financial aid for college
- Please see Ms. Harrington or Mr. Waters as soon as possible for specific information. All conversations about your status will be **completely confidential**
- More information, see "Citizenship, Financial Aid, & College Options" page in handout



# COLLEGE PLANNING RESOURCES AT T.C.

#### Scholarship Fund of Alexandria



- The Scholarship Fund of Alexandria is a nonprofit organization housed in rooms A-121, A-117 and A-115 of T.C. Williams
  - Raises money and gives need-based scholarships just to T.C. graduates
  - Typical scholarship amount is \$3,000
    renewable for all four years of college!
  - Awarded **1 million dollars** to T.C. seniors and alumni in 2019
- Visit <u>alexscholarshipfund.org</u> to learn more!

#### Scholarship Fund of Alexandria



- Helps students to find free money for college through various local and national scholarships
- Offers college and financial aid advising to 6-12 grade ACPS students and families
  - Classroom presentations
  - Individual meetings with students and families
  - Large group events

#### THE SCHOLARSHIP FUND OF ALEXANDRIA

# College Advising Team: Darien Waters and Melissa Harrington

- Available from 8:00am to 4:30pm Monday through Friday to meet with students and families
- We would be happy to help you with:
  - Taking the right steps in middle school/high school to be college-ready
  - Finding a college or career that fits you
  - Brainstorming and editing college essays
  - Developing a résumé
  - Filling out financial aid applications
  - Preparing for the SAT/ACT





#### College and Career Center

- Located at T.C. Williams in Room A-114
- Provides information about:
  - College representative visits
  - SAT/ACT prep classes
  - Colleges and universities
  - Career information
  - Summer opportunities
- Led by Stacy Morris, College and Career Counselor



### Counselors



- You will have one counselor in Minnie Howard, then have a new counselor for grades 10-12 once you're on King St campus
- Talk to him/her about:
  - Graduation and SOL requirements
  - Course planning
  - Post-secondary planning
  - Choosing the right college or career
  - The social/emotional transition to high school
- Have questions about 9<sup>th</sup> grade counseling? Talk to Melissa Deak at the Counseling Center Station!

#### PLEASE FILL OUT THE EXIT SURVEYS!



- **This will help us improve future presentations**
- Pass them to the student volunteers coming up the aisles



#### EXIT INSTRUCTIONS

- Left side of the room
  - Exit forward to the left
- Right side of the room
  - Exit back door to the right
- Middle section
  - Exit back door to the right